

# Is this exploitation?

You do not need to be physically trapped to be exploited. Control, threats, debt, intimidation and manipulation can all be signs of modern slavery. If something doesn't feel right, help is available.



SELF-IDENTIFICATION  
TOOL (MULTILINGUAL)



REPORT ONLINE  
(INDEPENDENT  
HELPLINE)

| Does this sound familiar?                                           | Know your rights                                                                                                                            |
|---------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| “ My employer keeps my passport or ID documents                     | ✓ Your employer may check your documents, but there is usually no reason for them to keep your passport or ID                               |
| “ Money is regularly taken from my wages and I don't understand why | ✓ Any deductions should be clearly explained and agreed. You have the right to know what you are being paid and why money is being deducted |
| “ I feel pressured to work extra hours that I am not paid for       | ✓ You should be paid for the work you do. Long hours without proper pay can be a sign of exploitation                                       |
| “ Someone else controls my bank account, wages or benefits          | ✓ Your earnings and benefits should be under your control unless you have chosen otherwise                                                  |
| “ I owe money so have to work until they say it is repaid           | ✓ Debt should not be used to force or pressure someone to work or stay in a situation they do not want to be in                             |
| “ I am scared to complain because of what will happen to me         | ✓ Everyone has the right to seek help, and report concerns without being threatened or controlled                                           |
| “ I cannot come and go freely from where I live or work             | ✓ No one should be controlled, monitored or prevented from leaving a place against their wishes.                                            |
| “ I was promised one job, but the reality is very different         | ✓ You have the right to understand the work you are agreeing to do and the conditions attached to it                                        |